



Cyprus  
University of  
Technology

Faculty of Engineering  
and Technology

**Doctoral Dissertation**

**Shallow Geothermal Energy Systems: Investigating  
possible viable solutions in the building sector**

**Lazaros Aresti**

**Limassol, December 2020**



*in memory of my father, Georgios Aresti*



CYPRUS UNIVERSITY OF TECHNOLOGY  
FACULTY OF ENGINEERING AND TECHNOLOGY  
DEPARTMENT OF ELECTRICAL ENGINEERING AND  
COMPUTER ENGINEERING AND INFORMATICS

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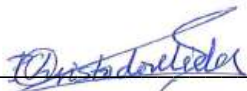
Doctoral Dissertation

## **Shallow Geothermal Energy Systems: Investigating possible viable solutions in the building sector**

Presented by

Lazaros Aresti


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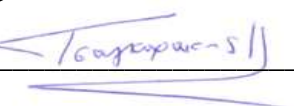
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## Publications

### *Journal Articles*

- 2020 Aresti L., Christodoulides P., Florides G., An investigation on the environmental impact of various Ground Heat Exchangers configurations, *Renewable Energy*, under second review
- 2020 Aresti, L, Christodoulides,P., Panayiotou, G.P., Florides, G. Residential buildings' foundations as a Ground Heat Exchanger and comparison among different types in a moderate climate country, *Energies* 13(23), 6287
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### ***Conference Publications***

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- 2020 Christodoulides P., Aresti L., Messaritis V., Panayiotou G., Bianchi G., Florides G., Waste Heat Recovery Technologies: Recommendations on how to Overcome Barriers to their Adoption, 7th International Conference on Energy, Sustainability and Climate Change, ESCC 2020, 24-26 August 2020, Skiathos, Greece
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- 2019 Florides G., Aresti L., Messaritis V., Christodoulides P., Performance investigation of a Ground Source Heat Pump system for space heating and cooling of a typical house in moderate climates, 6th International Conference on Energy, Sustainability and Climate Change ESCC 2019, 3-5 June, Chania, Greece
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- 2018 Agathokleous R , Bianchi G., Panayiotou G., Aresti L., Argyrou M.C., Georgiou G.S., Tassou S., Kalogirou S.A., Florides G.A., Christodoulides P., Waste heat recovery in the EU Industry and proposed new technologies, 2nd ICSEF International Conference on Sustainable Energy and Resource Use in Food Chains, Paphos, Cyprus
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- 2013 Kalogirou S.A., Aresti L., Agathokleous R., Christodoulides P., Florides G., Air flow effect on the temperature of a building integrated BIPV-panel, COMSOL Conference, Rotterdam, Netherlands
- 2013 Kalogirou S.A., Aresti L., Christodoulides P., Florides G., The effect of air flow on a building integrated photovoltaic (BIPV), IUTAM Symposium on nonlinear interfacial wave phenomena from the micro- to the macro-scale, Limassol, Cyprus

I would like to express my deepest gratitude to my supervisors, Prof. Paul Christodoulides and Prof. Georgios Florides, for believing in me from the very first moment, along with their invaluable guidance and their enthusiastic support. Their advice and encouragement have strongly inspired me to complete this research successfully.

Finally, I own my deepest gratitude to my family; my parents in law Theodoros and Paraskevi, my sister Maria with my two little nieces Despoina and Eleftheria, my godson Giorgos, and, my wife and partner in life Elpida Skeparnidou, for their patience, support, understanding, and standing next to me during difficult times. But most importantly, I am truly indebted to my parents, Dora and Giorgos Aresti, for their guidance, support and all the sacrifices they have made for me.

## **Abstract**

Shallow Geothermal Energy (SGE), a renewable resource, finds application through the use of Ground Source Heat Pumps (GSHPs) coupled with Ground Heat Exchangers (GHEs) for space heating and cooling of buildings. GSHPs are an emerging technology and have received more attention in the recent years due to their high efficiency in comparison to the conventional Air Source Heat Pumps (ASHPs). Despite their evident advantage, the technology of GSHPs has not reached a steady and popular state, owing to high initial costs of installation and manufacturing. Depending on the building's loads, and therefore on the climate of the area, the GSHP system could be a smart investment for the building's owner. To address this, the main objective of this research is to study and suggest ways of improving GSHP systems so that a system could stand out as an attractive Renewable Energy System (RES).

Initially, an economic evaluation of two types of systems, ASHP systems and GSHP systems, was conducted for a residential building in moderate climate conditions. An example of possibly enhancing the performance of GHEs is studied for a certain characteristic of the surrounding ground, namely through the possible groundwater effect on the outlet temperature, and hence, the length of the GHEs. The length of a GHE could also depend on the configuration/geometry type of the GHE. To that extent, the implementation of the building's foundation was subsequently considered to act as GHE. The use of a residential building's foundations, namely the foundation piles or the foundation bed, were considered for investigation within the framework of the newly developed nearly Zero Energy Buildings (nZEB) concept. Such hybrid elements (energy piles and foundation bed) demonstrate promising results with low payback periods and a low environmental impact. Such systems could potentially attract more homeowners to invest in geothermal energy and to see this technology flourish in the near future.

**Keywords:** Ground Heat Exchanger; Energy Geo-Structures; Shallow Geothermal Energy; GSHP system cost analysis; building foundation GHE; GSHP cost analysis; GHEs LCA analysis