



Cyprus
University of
Technology

Faculty of Geotechnical
Sciences, Biotechnology
and Food Science

Bachelor Thesis

**Poor farming systems and poverty in Eastern Uganda:
Impacts on food security and food safety.**

Barasa Daniel

Limassol, May 2023

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The approval of the thesis by the Department of Agricultural Sciences, Biotechnology and Food Science does not necessarily imply the approval by the Department of the views of the writer.

Acknowledgements:

I am extremely grateful to be one of the few who try to utilize 'learning' to champion positive and sustainable impacts on the world. I am also grateful for the completion of my dissertation which of course would not have been possible without the support and nurturing of my professors Mr. Photis Papademas and Mr. Dimitris Tsaltas from the Faculty of Geotechnical Sciences and Environmental Management

I must also thank the Department of Agricultural Sciences, Biotechnology and Food Science at CUT for the significant positive contributions both directly and indirectly not forgetting the Language Centre for giving me a firm foundation and guidance as well. Thank you, the sports department and Rectors' office, for the unlimited support and unconditional guidance during this journey; I have become an outspoken, brave and positive-Change oriented person because of you, and this is what the world needs.

In addition, I would like to highlight my team Running-Fluent Initiative for being a great bunch of people and for the unlimited support in the implementation of several social action plans. These have significantly enriched me ideologically.

Finally, but most importantly, I would like to thank the Cyprus University of Technology, Agapis Heria and Rev. Antonios Mutyaba for the scholarship opportunity. What I can only assure you now is that I will keep making you proud because you will be seeing me around and often implementing several Positive -impacts- deriving action plans both here and overseas for the best, safest and most sustainable world of all.

ABSTRACT

This paper is an exploration of the impact of poverty and subsistence farming in Eastern Uganda on food security and food safety. The research draws on existing literature, field-based research, and interviews with local stakeholders to investigate how poor farming systems, characterized by low crop yields, an impoverished soil base, and an emerging environmental crisis, can exacerbate poverty in the region, thereby jeopardizing food security and safety. The literature review reveals that such conditions constrain agricultural productivity, reduce household income, and drive an influx of unhealthy and highly processed foods. Through the field research, preliminary data on farmers' access to and use of land, credit and extension services is provided, illustrating the extent to which poor farming systems interact with the dynamic of poverty and food insecurity. Interviews with local stakeholders contribute to an understanding of how unequal landholdings, tenure vulnerabilities and shifting climatic conditions curve around and reinforce existing social economic disparities. The paper concludes with policy and recommendations for improving food security and food safety, as well as sustainable development interventions.

Keywords: Farming System, food safety and quality, food security, poverty, Sustainability.