

Table 9.

Hierarchical Multiple Regression Predicting PSS and MSBS from Sociodemographic Characteristics and Social Support

Variable	Perceived Stress Scale				MSBS-Depression			
	Model 1		Model 2		Model 1		Model 2	
	B	β	B	β	B	β	B	β
Constant	2.73**		2.50*	*	9.03**		7.91**	
Gender								
Female	-0.85*	-0.46	-0.67*	-0.42	-1.47	-	-1.16	-0.20
						0.25		
Male	-0.74*	-0.53	-0.81*	-0.50	-1.32	-	-1.09	-0.19
						0.23		
Age	-	-0.18	-0.01**	-0.17	-0.03**	-	-0.03**	-0.15
	0.01**					0.16		
Employment Status								
Not working at that moment	0.13*	0.06	0.11	0.05	-0.03	-	-0.13	-0.02
						0.00		
Working (full time)	Ref							
Working (part time)	0.01	0.01	0.01	0.01	-0.08	-	-0.05	-0.01
						0.02		
Educational Background								
Higher Education								
Some college/university	0.15	0.06	0.13	0.05	0.01	0.00	-0.07	-0.01
						0		

Graduate college/university	0.12	0.09	0.13	0.09	-0.18	-	-0.17	-0.03
						0.03		
Master/postgraduate studies	0.07	0.06	0.09	0.08	-0.45	-	-0.35	-0.08
						0.11		
Doctoral studies	0.07	0.04	0.09	0.06	-0.40	-	-0.29	-0.05
						0.07		
Marital status								
Single	-0.09	-0.06	-0.10	-0.07	0.22	0.04	0.17	0.03
In a relationship/engaged	0.04	0.33	0.04	0.03	0.04	0.01	0.03	0.01
Married	Ref							
Divorced	-0.05	-0.02	-0.07	-0.03	0.33	0.04	0.24	0.03
Living situation								
Live alone	0.12*	0.07	0.11*	0.07	0.22	0.04	0.19	0.03
Live with parents	0.15*	0.07	0.14*	0.07	0.52*	0.07	0.49*	0.06
Live with own family (partner and/or children)	Ref							
Live with friends/roommates	0.02	0.01	0.05	0.02	0.01	0.00	0.15	0.01
Having Children								
Yes	Ref							
No	-0.04	-0.03	-0.05	-0.04	-0.00	-	-0.04	-0.01
						0.00		
						0		

Perceived Social Support

Low	0.36*	0.23	1.68**	0.30
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Moderate	0.13*	0.11	0.72**	0.17
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High	Ref			
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R^2	0.06	0.10	0.06	0.12
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F	5.10	7.87	4.79	9.99
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ΔR^2	0.06	0.04	0.06	0.07
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ΔF	5.10	33.39	4.79	58.44
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*Note: * $p < 0.05$, ** $p < 0.001$*
