The Stroke Riskometer™ App: Greek Version

Phylactou, P., [1,2] & Charalambous, M. [1,2]

1. Cyprus Stroke Association; 2. Cyprus University of Technology, Department of Rehabilitation Sciences

CYPRUS STROKE ASSOCIATION

Background[1,2,3]

- The Stroke Riskometer™ App was designed as a population wide prevention strategy.
- Freely available mobile device application for monitoring, assessing, and modifying factors that increase stroke risk.
- Predicts the approximate stroke risk of users and identifies high risk individuals.
- Validated and performs similarly or better than established stroke risk factor measuring tools.

Objective

- Part of a global initiative; the application has been translated in 13 languages.
- The aim was to translate the Stroke Riskometer™ App in the Greek Language.
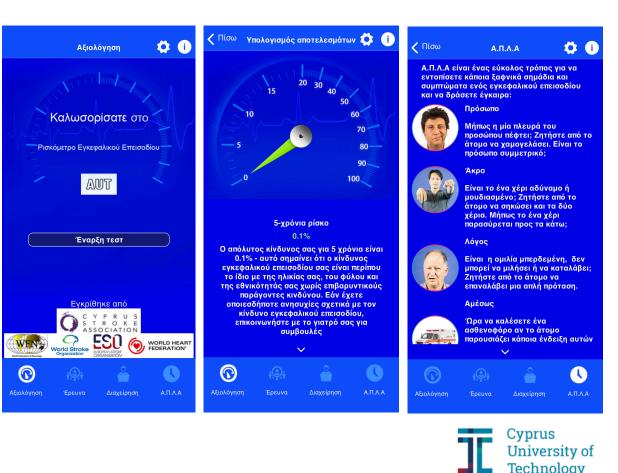
Methods

- Constant communication with the developers of the app.
- Backwards translation of the official Stroke Riskometer™ App transcripts.

Discussion

- This translation allows Greek speaking stroke survivors, carers, health professionals, academics, and others to observe and monitor stroke risk factors.
- By monitoring and assessing preventable risk factors in an accessible and reliable way, the burden of stroke can be reduced widely amongst the population.

Results

Stroke Riskometer™

Cyprus University of Technology

1.Pamar, P., et al. (2015) Int J Stroke; 2. Brainin M., et al (2020) The Lancet Neurology; 3. Brainin, M., & Sliwa, K. (2020) The Lancet.