Bullying/ mobbing questionnaire

Below are some questions about bullying/mobbing in the workplace. Bullying/mobbing in the workplace is about recurring and over time malicious and offensive physical, verbal or interpersonal behaviours aiming to humiliate and undermine an employee or a group of employees by a person or group of persons. Workplace bullying/mobbing takes place through threatening, offensive, derogatory, dismissive behaviours, as well as acts that cause terror and intense mental pressure on the receivers. Please read these questions carefully and note $\sqrt{}$ on the box with the answer that represents you. It is quite important to answer all questions honestly.

| 1. | In the last 12 months, have you been bullied / mobbed in your workplace? | Yes | No | | | |
|----|--|---------------------------|-----------------------------------|----------------------------------|---|--|
| | | | | | | |
| 2. | In the last 12 months, have you witnessed bullying/ mobbing towards other people in your workplace? | Yes | No | | | |
| 3. | How often have you been bullied / mobbed or witnessed bullying/mobbing towards others in your workplace during the last 12 months,? | Almost every day | 4-5 times/year | 4-5 times/ month | 1-2 times in total | |
| 4. | Please think of the last time you were bullied mobbed (or witnessed bullying/mobbing towards others) in your workplace. Who bullied/ mobbed you/ was the bully? | Administrative personnel | Staff nurse | External colleague/w orker | Patient/ Client | Relatives of patient/ client |
| 5. | The last time you were bullied/mobbed, the person who intimidated you was of: | Equal ranking with you | Superior ranking with you | Inferior ranking with you | Had no ranking relation with you | |
| 6. | Where did the bullying / mobbing incident take place? | Inside ICU/ED/CCCU | Outside IC/ED/CCCU | Other (please, clarify) | | |
| 7. | How was the bullying/ mobbing expressed? | Verbally | Physical violence/ gestures | Gossip/ rumours | Isolation/ Information hiding | Irrelevant duties assignments/ unrealistic deadlines assignment |
| 8. | Do you think the bullying/ mobbing incident could have been prevented? | Yes | No | way | please describe in | |
| 9. | Was any action taken to investigate the causes of the bullying/mobbing? | Yes | No | I don't know | If yes, by whom | ? |

| 10. | Please think of the last time you were bullied/ mobbed in your workplace. How satisfied are you with the manner in which the incident was handled? | Very dissatisfied | Dissatisfied | Neither satisfied nor dissatisfied | Satisfied | Very satisfied |
|-----|--|-------------------|--------------------|--|-------------------------|------------------|
| 11. | Please think of the last time you were bullied/ mobbed in your workplace. What were the consequences for the person who bullied/ mobbed you? | None | Reported to police | Verbal warning issued | Aggressor prosecuted | Job discontinued |

| 12. | Please think of the last time you were bullied/ mobbed in your workplace. What kind of support did your employer or supervisor offer to provide you with? | No support at all | Counselling | Opportunity to speak about/report it | Other support. (clarify) | please, |
|-----|---|-------------------|------------------------|---|------------------------------|-------------------|
| 13. | How often, to your opinion, bullying/ mobbing happens in your workplace? | Rarely/never | Not very frequently | Moderately frequently | Very frequently | Highly frequently |
| 14. | Have you ever been punished because you reported a workplace bullying/ mobbing incident? | Yes | No | | | |

| Took no action | Told the bully to stop |
|--|---|
| Told a colleague | Sought counselling |
| Sought help from the Union/ Association | Tried to defend myself physically |
| Transferred to another position | Pursued prosecution |
| Tried to pretend it never happened | Told friends/family |
| Reported the incident to a senior staff member | Asked support from the anti-bullying committee of the hospital |
| Filled-in the incident/ complaint form | Filled-in a compensation claim |

16. How satisfied are you with the way you handled the most recent bullying/ mobbing behavior you have experienced in your workplace?



| I thought that the incident was not important | Felt ashamed |
|---|--|
| Felt guilty | Afraid of negative consequences |
| Did not know who to report it to | Thought that there was nothing to be done to eliminate this behavior (useless) |
| Anti-bullying policy is not provided by the institution | Colleagues and peers asked/advised me not to report/ take actions against |
| Other: | |

| 18. How did you respond to the most recent incident Please tick all relevant boxes | t of workplace bullying / mobbing that you witnessed? |
|---|--|
| I advised the bullying victim to kindly ask the bully to stop this behavior | I advised the bullying victim not to take action until the incidence was repeated |
| I myself reported the workplace incident to the manager | I took no action |
| I myself asked the bully to stop Other (please explain) | |

19. Have you ever resigned or considered resigning because of bullying/mobbing experiences in your workplace?

| Yes, I did. | |
|---------------------------|--|
| I thought of but did not. | |
| No, I did not. | |