## SUPPLEMENTARY MATERIAL

# On the consistent modeling of shear-thickening polymer solutions 

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## MODEL DERIVATION

The Hamiltonian of the system: The mechanical part of the system's Hamiltonian is given by ${ }^{1}$

$$
\begin{equation*}
H_{m}=K_{e n}(\mathbf{x})+A(\mathbf{x}) \tag{SM.1}
\end{equation*}
$$

where,

$$
\begin{equation*}
K_{e n}(\mathbf{x})=\int \frac{\boldsymbol{M}^{2}}{2 \rho} d V, \tag{SM.2}
\end{equation*}
$$

represents the kinetic energy of the system, $K_{e n}(\mathbf{x})$, whereas:

$$
\begin{align*}
A(\mathbf{x})=\int a(\mathbf{x}) & d x \\
& =\frac{n k_{B} T}{2}\left[\int\left[\Phi\left(I_{1}\right)-\ln \operatorname{det} \tilde{\mathbf{c}}\right] d V\right.  \tag{SM.3a}\\
& \left.+\int[(1-\lambda) \ln (1-\lambda)+\lambda] d V\right]
\end{align*}
$$

represents the system's Helmholtz free energy with $a(\mathbf{x})$ the Helmholtz free energy density. The potential term $\Phi\left(I_{1}\right)$ in the first integral accounts for contributions to the free energy associated with molecular stretching and is given as

$$
\begin{equation*}
\Phi\left(I_{1}\right)=-(b-3) \ln \left(1-\frac{I_{1}-3}{b-3}\right) \Rightarrow h\left(I_{1}\right) \equiv \frac{\partial \Phi}{\partial I_{1}}=\frac{b-3}{b-I_{1}}, \tag{SM.3b}
\end{equation*}
$$

Here, $I_{1}$ is the first invariant (the trace) of the tensor $\tilde{\mathbf{c}}$ for which $\tilde{\mathbf{c}}_{\text {eq }}=\mathbf{I}$, and $h\left(I_{1}\right)$ is the spring force law. Note the correction presented in Eq. (SM.3b) relative to Eq. (7a) of Stephanou et al. ${ }^{2}$ Also, $n$ is the number density of polymer chains, $k_{B}$ the Boltzmann constant, and $T$ the temperature. The number density, $n$, and the mass density are related via $n=(\rho / M) N_{A v}$, where $\rho$ denotes the segment molecular weight of each chain (i.e., a strictly monodisperse system is considered) and $N_{A v}$ is Avogadro's constant. The second integral in Eq. (SM.3) indicates the ideal entropy of mixing for polymer segments that are not associated with the network with an extra term added to ensure that the mixing free energy maximizes under no flow conditions, i.e., when $\lambda=0 .{ }^{3,4}$ This term can be obtained by substituting $\lambda$ with $1-\lambda$ in the ideal entropy of mixing term in Eq. (5) of Stephanou and Georgiou. ${ }^{4}$

The Poisson and dissipation brackets: For a system described by an unconstrained conformation tensor $\mathbf{c}$, the expression for the Poisson bracket is well known (see, e.g., Refs. ${ }^{1}$ and ${ }^{5}$ ):

$$
\begin{align*}
\{F, G\}_{c}= & -\int\left[\frac{\delta F}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(c_{\alpha \beta} \frac{\delta G}{\delta M_{\gamma}}\right)-\frac{\delta G}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(c_{\alpha \beta} \frac{\delta F}{\delta M_{\gamma}}\right)\right] d V \\
& -\int c_{\gamma a}\left[\frac{\delta G}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(\frac{\delta F}{\delta M_{\beta}}\right)-\frac{\delta F}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(\frac{\delta G}{\delta M_{\beta}}\right)\right] d V  \tag{SM.4a}\\
& -\int c_{\gamma \beta}\left[\frac{\delta G}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(\frac{\delta F}{\delta M_{\alpha}}\right)-\frac{\delta F}{\delta c_{\alpha \beta}} \nabla_{\gamma}\left(\frac{\delta G}{\delta M_{\alpha}}\right)\right] d V .
\end{align*}
$$

Note that here, and throughout this SI, Einstein's summation convention for repeated Greek indices is employed. Furthermore, the following expression for the Poisson bracket associated with the scalar structural variable $\lambda$ is considered: ${ }^{3-5}$

$$
\begin{equation*}
\{F, G\}_{\lambda}=-\int\left[\frac{\delta F}{\delta \lambda} \nabla_{\gamma}\left(\lambda \frac{\delta G}{\delta M_{\gamma}}\right)-\frac{\delta G}{\delta \lambda} \nabla_{\gamma}\left(\lambda \frac{\delta F}{\delta M_{\gamma}}\right)\right] d V \tag{SM.4b}
\end{equation*}
$$

$$
-\int g_{\alpha \beta}\left[\frac{\delta G}{\delta \lambda} \nabla_{\beta}\left(\frac{\delta F}{\delta M_{a}}\right)-\frac{\delta F}{\delta \lambda} \nabla_{\beta}\left(\frac{\delta G}{\delta M_{a}}\right)\right] d V
$$

The last integral in Eq. (SM.4b) introduces a general coupling between the scalar structural variable and the velocity gradient through the tensor $\mathbf{g} .{ }^{5}$ As the Poisson bracket has to fulfill the Jacobi identity, certain restrictions have to be imposed on it. Ottinger ${ }^{5}$ considered the most general expression for $\mathbf{g}$ according to the CayleyHamilton theorem, $\mathbf{g}=g_{1} \tilde{\mathbf{c}}+g_{1} \mathbf{I}+g_{1} \tilde{\mathbf{c}}^{-1}$. Here, in general, $g_{k}=$ $g_{k}\left(\lambda, I_{1}, I_{2}, I_{3}\right), k=\{1,2,3\}$ and $I_{1}=\operatorname{tr} \tilde{\mathbf{c}}, I_{2}=\ln \operatorname{det} \tilde{\mathbf{c}}$, and $I_{3}=-\operatorname{tr} \tilde{\mathbf{c}}^{-1}$ are the three invariants of the dimensionless conformation tensor. Then, the following constraints should hold:

$$
\begin{align*}
& g_{1} \frac{\partial g_{2}}{\partial \lambda}-g_{2} \frac{\partial g_{1}}{\partial \lambda}=2\left(\frac{\partial g_{1}}{\partial I_{2}}-\frac{\partial g_{2}}{\partial I_{1}}\right), \\
& g_{1} \frac{\partial g_{3}}{\partial \lambda}-g_{3} \frac{\partial g_{1}}{\partial \lambda}=2\left(\frac{\partial g_{1}}{\partial I_{3}}-\frac{\partial g_{3}}{\partial I_{1}}\right),  \tag{SM.4c}\\
& g_{2} \frac{\partial g_{3}}{\partial \lambda}-g_{3} \frac{\partial g_{2}}{\partial \lambda}=2\left(\frac{\partial g_{2}}{\partial I_{3}}-\frac{\partial g_{3}}{\partial I_{1}}\right),
\end{align*}
$$

Note that a check whether the Poisson bracket fulfills the Jacobi identity can also be performed using a computer-assisted method. ${ }^{6}$ The complete Poisson bracket is then simply given as:

$$
\begin{gather*}
\{F, G\}=-\int\left[\frac{\delta F}{\delta M_{\gamma}} \nabla_{\beta}\left(M_{\gamma} \frac{\delta G}{\delta M_{\beta}}\right)-\frac{\delta G}{\delta M_{\gamma}} \nabla_{\beta}\left(M_{\gamma} \frac{\delta F}{\delta M_{\beta}}\right)\right] d V  \tag{SM.4d}\\
+\{F, G\}_{c}+\{F, G\}_{\lambda} .
\end{gather*}
$$

Next, for the dissipative bracket, we again choose a form that is frequently employed for a conformation tensor $\mathbf{c}$,

$$
\begin{equation*}
[F, G]_{c}=-\int \frac{\delta F}{\delta c_{\alpha \beta}} \Lambda_{\alpha \beta \gamma \varepsilon}^{c} \frac{\delta G}{\delta c_{\gamma \varepsilon}} d V . \tag{SM.5a}
\end{equation*}
$$

which accounts for relaxation effects and is proportional to a fourth-rank relaxation tensor. Finally, the complete dissipation bracket is given as

$$
\begin{gather*}
{[F, G]_{\text {nec }}=-\int \frac{\delta F}{\delta \lambda} \Lambda^{\lambda} \frac{\delta G}{\delta \lambda} d V-\int \nabla_{\alpha}\left(\frac{\delta G}{\delta M_{\beta}}\right) Q_{\alpha \beta \gamma \varepsilon} \nabla_{\gamma}\left(\frac{\delta G}{\delta M_{\varepsilon}}\right) d V}  \tag{SM.5b}\\
+[F, G]_{c}
\end{gather*}
$$

The first integral on the right-hand side accounts for relaxation effects for the scalar structural variable, whereas the last integral, proportional to the fourth-rank tensor $\mathbf{Q}$, aims to add a Newtonian-like rheological behavior to the stress tensor that accounts for the solvent's contribution. Note that the subscript "nec", meaning "no entropy production correction," is added to the dissipation bracket to indicate that this dissipation bracket is without terms involving Volterra derivatives with respect to the entropy density, which can be omitted when one considers (as we do here) isothermal systems. ${ }^{1}$ Then,

$$
\begin{gather*}
\dot{c}_{\alpha \beta,[1]}=-\Lambda_{\alpha \beta \gamma \varepsilon}^{c} \frac{\delta H_{m}}{\delta c_{\gamma \varepsilon}}  \tag{SM.6a}\\
\frac{D \lambda}{D t} \equiv \frac{\partial \lambda}{\partial t}+\mathbf{u} \cdot \nabla \lambda=-\Lambda^{\lambda} \frac{\delta H_{m}}{\delta \lambda}+\mathbf{\kappa}: \mathbf{g}, \tag{SM.6b}
\end{gather*}
$$

where we have defined the upper-convected time derivative:

$$
\begin{equation*}
\dot{c}_{\alpha \beta,[1]} \equiv \frac{\partial c_{\alpha \beta}}{\partial t}+u_{\gamma} \nabla_{\gamma} c_{\alpha \beta}-c_{\alpha \gamma} \nabla_{\gamma} u_{\beta}-\nabla_{\gamma} u_{\alpha} c_{\gamma \beta}, \tag{SM.6c}
\end{equation*}
$$

the material time derivative defined in Eq. (SM.6c), and $\boldsymbol{\kappa}=(\nabla \mathbf{u})^{T}$ is the transposed velocity gradient. Finally, the stress tensor is given as,

$$
\begin{equation*}
\sigma_{\alpha \beta}=2 c_{\alpha \gamma} \frac{\delta A}{\delta c_{\beta \gamma}}+g_{\alpha \beta} \frac{\delta A}{\delta \lambda}+Q_{\alpha \beta \gamma \varepsilon} \nabla_{\gamma} u_{\varepsilon}, \tag{SM.7}
\end{equation*}
$$

In the following, we make the choice $\mathbf{g}=\left(\lambda_{\infty}-\lambda\right) \tilde{\mathbf{c}}$ which duly satisfies the constraints imposed by Eq. (SI.4c). ${ }^{5}$ This choice aims to closely match the corresponding term in the fluidity evolution equation, see Eq. (4a). Then, we consider the following choice for the $\mathbf{Q}$ tensor: ${ }^{3,7-9}$

$$
\begin{equation*}
Q_{\alpha \beta \gamma \varepsilon}=\eta_{s}\left(\delta_{\alpha \gamma} \delta_{\beta \varepsilon}+\delta_{\alpha \varepsilon} \delta_{\beta \gamma}\right) \tag{SM.8}
\end{equation*}
$$

Finally, for the relaxation tensor and $\Lambda^{\lambda}$, we consider the simplest possible expressions: ${ }^{3,7,8}$

$$
\begin{gather*}
\Lambda_{\alpha \beta \gamma \varepsilon}^{c}=\frac{1-\lambda}{2 n k_{B} T \tau_{R}}\left[\tilde{c}_{\alpha \gamma} \delta_{\beta \varepsilon}+\tilde{c}_{\alpha \varepsilon} \delta_{\beta \gamma}+\tilde{c}_{\beta \gamma} \delta_{\alpha \varepsilon}+\tilde{c}_{\beta \varepsilon} \delta_{\alpha \gamma}\right. \\
\left.+2 \alpha\left(\tilde{c}_{\alpha \gamma} \tilde{c}_{\beta \varepsilon}+\tilde{c}_{\alpha \varepsilon} \tilde{c}_{\beta \gamma}\right)\right]  \tag{SM.9}\\
\Lambda^{\lambda}=\frac{1}{n k_{B} T \tau_{\lambda}}
\end{gather*}
$$

## THERMODYNAMIC ADMISSIBILITY

Any thermodynamic system must obey the restriction of a non-negative total rate of entropy production. When the fluid studied is isothermal and incompressible, the entropy production results from the degradation of mechanical energy leading to $d H_{m} / d t=\left[H_{m}, H_{m}\right] \leq 0 .{ }^{1}$ For this to be satisfied in our model, it can be shown that the following condition must hold:

$$
\begin{align*}
-\left[H_{m}, H_{m}\right]= & \int \nabla_{\alpha}\left(\frac{\delta H_{m}}{\delta M_{\beta}}\right) Q_{\alpha \beta \gamma \varepsilon} \nabla_{\gamma}\left(\frac{\delta H_{m}}{\delta M_{\varepsilon}}\right) d V+\int \Lambda^{\lambda}\left(\frac{\delta H_{m}}{\delta \lambda}\right)^{2} d V  \tag{SM.10}\\
& +\int \frac{\delta H_{m}}{\delta c_{\alpha \beta}} \Lambda_{\alpha \beta \gamma \varepsilon}^{c} \frac{\delta H_{m}}{\delta c_{\gamma \varepsilon}} d V \geq 0
\end{align*}
$$

The first is easily shown to be:

$$
\begin{equation*}
\int \nabla_{\alpha}\left(\frac{\delta H_{m}}{\delta M_{\beta}}\right) Q_{\alpha \beta \gamma \varepsilon} \nabla_{\gamma}\left(\frac{\delta H_{m}}{\delta M_{\varepsilon}}\right) d V=\eta_{s} \dot{\boldsymbol{\gamma}}: \dot{\boldsymbol{\gamma}} \geq 0 \tag{SM.11a}
\end{equation*}
$$

which holds when $\eta_{s} \geq 0$. The second is always non-negative provided $\Lambda^{\lambda} \geq 0$, which from Eq. (SM.10) holds provided that $\tau_{\lambda} \geq 0$. Then, the third expression reads:

$$
\begin{align*}
& \frac{\delta H_{m}}{\delta c_{\alpha \beta}} \Lambda_{\alpha \beta \gamma \varepsilon}^{c} \frac{\delta H_{m}}{\delta c_{\gamma \varepsilon}} \\
&=\frac{n k_{B} T(1-\lambda)}{2 \tau_{R}}\left[\alpha h^{3} \operatorname{tr} \tilde{\mathbf{c}}^{2}+h^{2}(1-3 a) \operatorname{tr} \tilde{\mathbf{c}}\right.  \tag{SM.11b}\\
&\left.-3 h(2-3 a)+(1-a) \operatorname{tr} \tilde{\mathbf{c}}^{-1}\right] \geq 0
\end{align*}
$$

This can be written in the following form using the eigenvalues of the conformation tensor, $\mu_{j},\{j=1,2,3\}$,

$$
\begin{equation*}
\frac{\delta H_{m}}{\delta C_{\alpha \beta}} \Lambda_{\alpha \beta \gamma \varepsilon}^{C} \frac{\delta H_{m}}{\delta C_{\gamma \varepsilon}}=\frac{n k_{B} T(1-\lambda)}{2 \tau_{R}} \sum_{k=1}^{3} \frac{\left(h \mu_{k}-1\right)^{2}}{\mu_{k}}\left[1-\alpha+\alpha h \mu_{k}\right] \geq 0 \tag{SM.11b}
\end{equation*}
$$

Thus, since $0 \leq \lambda \leq 1$ this is non-negative provided $0 \leq \alpha \leq 1$ and $\tau_{R} \geq 0$. Overall, it is proven that $d H_{m} / d t=\left[H_{m}, H_{m}\right] \leq 0$ when $\eta_{s}, \tau_{\lambda}, \tau_{R}$ are non-negative and $0 \leq \alpha \leq$ 1.

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